S·JOURN

SOJOURNTRAVEL.APP

Make this trip the one you talk about for years.

Sojourn is a guided journey for couples and solo travelers: short prompts and conversations for before you go, while you're there, and after you're home. Designed by Taylor Jacobson, a licensed marriage and family therapist. It's a reflection companion, not therapy.

PHASE I

Before you go

Private reflection at home: what you each bring, and what you hope this trip makes room for.

PHASE II

While you're there

A few prompts a day at your destination: conversations the trip makes easier, and moments worth noticing.

PHASE III

After you're home

A 90-day follow-through: small rituals so the trip keeps living in your ordinary weeks.

Three questions to start with

"When do you feel most like yourself?"

"What is one thing you wish we did more of?"

"What do you want to be true of us in ten years?"

Try it free: the full set of 25 questions (couples or solo) is a free printable at sojourntravel.app/free.

The full journey: Couples $97 or Solo $79 for one trip, or Together at $19/month for every trip. Every purchase has a 14-day money-back guarantee. Gift a journey at sojourntravel.app/gift.

RECOMMENDED BY _____

PARTNER CODE (ENTER AT CHECKOUT) _____

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